Thursday 2nd February 2017

Dear Year 7 – 12 Parents / guardians

Re: 2017 GMAS Term 1 Swimming Program

Now that Term 1 has commenced, our swimming program is gearing up for 2 major events on the school calendar:

- **Wednesday 1st March (Week 5) - Interhouse Swimming Carnival (Years 7-12) at Geographe Leisure Centre from 9.15am.**
- **Monday 20th March, (Week 7) - ACC C Division Interschool Swimming Carnival (Years 7-12), at Challenge Stadium in Perth.**

**Physical Education Classes (Years 7 – 10)**

(Unfortunately we cannot accommodate swim training for Years 11 and 12 due to their timetable, however, we encourage students to enter as many events as they can at the carnival).

As a part of our Physical Education Classes, Year 7 – 10 students will be partaking in swimming training for one lesson per week during weeks 2 to 5 of Term 1 (Wednesday 8th February – Tuesday 28th February 2017). This is in preparation for the Interhouse Swimming Carnival. This will involve students being transported by bus to the Busselton Jetty. Students will need to bring their bathers (one piece for girls and board shorts for boys), rashie, sunscreen, and a towel. There will be two staff members attending with the students, at least one of whom will be Water Rescue qualified. Students will enter the water in single file and swim across the enclosed water surrounded by the new small jetty, climb out and walk back to the start. This ensures safety for all involved. As this is a class activity all students are required to attend, if unable to swim they must bring a note of explanation for their teacher.

The timetable for PE classes is below.

Students will be performing these activities during class time and may occasionally encroach into recess or lunch.

**Interhouse Swimming Carnival (Years 7 – 12)**

The Interhouse Swimming Carnival is to be a fun event for everyone - students, parents and staff. It is a calendared event and all students are expected to attend. If for any reason a student cannot attend, a written note will be required for their Home Room teacher. On arrival at school students will proceed to their Home Room for a team meeting and then board the buses for transportation to the Leisure Centre. Please note there will be a return bus to the school at the end of the Carnival.

The Carnival will commence at 9:15am and will finish at approximately 2:30pm. This year we will have electronic timing on each of the lanes. An events program with participating students will be posted on the School website by Friday 17th February, for parents to know the approximate time their child will be swimming. Students will need to bring their bathers (one piece for girls and board shorts for boys), rashie, sunscreen, a towel, enough food and water for the whole day and wear their school house t-shirt or physical education uniform. The GMAS Swimming Club will be selling food items and drinks throughout the day. Students are NOT allowed to use the Leisure Centre Café or vending machines.
ACC Interschool Swimming Carnival

Following the Interhouse Carnival, a Year 7 -12 squad will be selected to compete in the ACC carnival. These students will be expected to attend training sessions at the Leisure Centre in preparation for the Carnival. They will be advised about the training sessions.

Students from Years 7-12 who represent GMAS at the ACC Interschool Carnival will need to wear the school bathers and physical education shorts (Teal school shirts will be provided if your child does not have one), to and from the venue.

Permission Forms

Each student is required to return the attached permission form, which will be used for both the Physical Education Class Swimming Training and Interhouse Carnival. The cost for Years 7 – 10 for the training and the carnival is $12.50. Years 11 and 12 who unfortunately, won’t be completing the training component will only be charged $6.50. These charges will be added to your school account.

This permission form needs to be signed and returned to your child’s Physical Education teacher at their very next class or for Years 11 and 12 to their Home Room teacher.

If any parents are able to assist with coaching, or any other aspects of the swimming training and carnivals, such as timing or marshalling, please indicate on the return permission form or email me at rvo@gmas.wa.edu.au. All parents/guardians are encouraged to attend and give your child and the school your support. Please don’t hesitate to contact me at school if you have any questions.

Yours sincerely

Robyn Vogel
Head of Physical Education
**Physical Education class swimming times**

**Monday 13th, 20th and 27th February 2017**

9:40am    Period 2    Year 10 PE 4  
2:19pm    Period 5    Year 8 PE 1  

**Tuesday 14th, 21st and 28th February 2017**

9:00am    Period 1    Year 9 PE 1, 9PE 5  
10:05am    Period 2    Year 8 PE 4, 8PE 5  
11:30am    Period 3    Year 7 PE 1, 7PE 2, 10PE 1  
1:10pm    Period 4    Year 7 PE 5  

**Wednesday 8th, 15th and 22nd February, 2017**

11:30am    Period 3    Year 8 PE3  
1:10pm    Period 4    Year 7 PE3, 7PE4  

**Thursday 9th, 16th and 23rd February 2017**

9:00am    Period 1    Year 9 PE 1  
1:10pm    Period 4    Year 8 PE2  
2:15pm    Period 5    Year 9 PE4  

**Friday 10th, 17th and 24th February 2017**

9:00am    Period 1    Year 9 PE2, 9PE 3  
10:05am    Period 2    Year 10 PE1, 10PE5  
1:10pm    Period 4    Year 10 PE2, 10PE3