EXPLICIT IMPLEMENTATION OF POSITIVE EDUCATION AT GMAS

In 2017 we are looking for more explicit implementation of Positive Education at GMAS.

We hope to achieve this by:

• Daily practices using character strengths to assist problem solving.
• Mindfulness scheduled after lunch break across the school.

Years 6-12
• Character strength building and understanding during homeroom (students familiar themselves with their own strengths which are on their Seqta identity Students who haven't completed the survey do so)

Early Childhood –yr5.

Character Strengths language and identification scaffolded into lessons e.g. (creativity, perseverance, gratitude).
This language will familiarise students with the terminology they will be exposed to in future years.

School values, character strengths and gratitude themes delivered through Chapel and School assemblies.

Introduction and application of HOPE Theory:
Hope Theory argues that there are three main things that make up hopeful thinking:
Goals – Approaching life in a goal-oriented way.
Pathways – Finding different ways to achieve your goals.
Agency – Believing that you can instigate change and achieve these goals.

The Positive Education Team is seeking creative diverse delivery of the themes and content of Positive Education in 2017 to inspire and embrace the students across our school.

Suggested delivery

Early Childhood-Year 6
Embed into health CRS and teaching themes:
School Values, Character Strengths, Resilience and Gratitude.

Scope and Sequence prepared by Rachel Cook
Class Teachers to deliver Consultative Group:

Kath Campbell
Robyn Trean
Rob Whirledge
Conor Martin

Years 7, 8, 10:
Programmer: Justine Richmond

Embedded with CRS:
Gratitude, Resilience, Relationships & Character strengths:

Consultative Group:
Stephanie Braid
Hugh Wendelin
Andrew Bland

Year 9:
Presenter: Unknown at this stage

Embedded in Positive Pathways (currently work skills):

Hope Theory:
Goals – approaching life in a goal-oriented way.
Pathways – Finding different ways to achieve your goals.
Agency – believing that you can instigate change and achieve these goals.

Consultative Group:
Bianca Madrigal
Megan Grosse
Lisa Ness

WE WELCOME THE NEW MEMBERS TO THE POSITIVE EDUCATION TEAM - A LARGER DIVERSIFIED GROUP OF PEOPLE OFFERING MANY TALENTS AND LOTS OF ENTHUSIASM.

THE ASSESSING WELLNESS IN SCHOOLS SURVEY IS CALENDARED FOR WEEK 4 TERM TWO IN 2017

PARENTS WILL BE ABLE TO TAKE THE AWE WELLNESS SURVEY.

WE ARE LOOKING FORWARD TO ACHIEVING ALL OF OUR GOALS IN 2017.
Year 11 & 12:
Presenter: Sam Nicholson
Extended Homeroom 30 mins:

Hope Theory:
Goals – approaching life in a goal-oriented way.
Pathways – finding different ways to achieve your goals.
Agency – believing that you can instigate change and achieve these goals.

Consultative Group:
Jon Yates
Richard Dipane
Stephen Treloar

Welcome to Mr John Hendry in 2017.

We are very excited to announce that Mr John Hendry will be presenting several workshops in 2017 with the theme of: How to Change the Culture at Our School.

John is a very highly respected teacher and leader of positive education at Geelong Grammar and we look forward to him joining us and sharing his wisdom and stories.

Keep safe

Enjoy the school holidays. Try to do some mindfulness every day.

Thank you to everyone who has contributed to the Positive Education journey of 2016 we certainly have managed to achieve many goals.