



## Competitions

Our club regularly attends swim meets in our region and in Perth. We also try to attend one meet per year in another regional centre. In 2009 we hope to attend the 2009 Albany Short Course Championships in the July school holidays.



## GMAS Swimming Club

GMAS Swimming Club is a school swimming club, affiliated with Swimming WA, aimed at providing quality coaching for swimmers in a friendly, positive environment. Swimmers are encouraged and supported to achieve their objectives and goals in the sport of competitive swimming. We have a team of experienced coaches and a dedicated management committee supported by a group of enthusiastic parents creating a fun, family-oriented club.



## GMAS Swimming Club

Georgiana Molloy Anglican School  
PO Box 920  
Busselton WA 6280  
Phone (08) 9752 5252  
Fax (08) 9752 5299  
Email [enquiries@gmas.wa.edu.au](mailto:enquiries@gmas.wa.edu.au)

President	Mr Bruce Rixon
Vice President	Mr Tony Tunstill
Secretary	Mrs Liz Disley
Registrar	Mrs Melanie Smoker
Coaches	Mrs Andrea Nielsen Mr Craig McArthur Mr Tony Tunstill Mr Zachary Nielsen

## Training Sessions

**Monday** 7.00am to 7.50am

**Wednesday** 7.00am to 7.50am

**Friday** 7.00am to 7.50am

3.30pm to 5.00pm

**Saturday** 8.00am to 9.30am

**Venue** Geographe Leisure Centre  
Recreation Drive,  
Busselton

**Equipment** Goggles, fins and water bottles are required at every session

Coaches will advise which sessions are most appropriate for your child's level of swimming. Fees cover up to five sessions per week.

## Fees

GMAS Swimming Club operates over two seasons: Summer (Terms 4 and 1) and Winter (Terms 2 & 3). Coaching is generally conducted over the school holidays however sessions offered may vary in the holidays according to coach availability and demand.

Fees are **\$150 per swimmer per season** and are charged to your school account. There is a sliding scale for families with more than one child in the club.

- 1st Child \$150
- 2nd Child \$140
- 3rd Child \$130
- 4th Child \$120

It is a requirement of our Swimming Club that all members are registered with **Swimming WA** for both competition and insurance purposes. **The cost for this is \$80 per financial year.**

\* Please note that club fees do not cover entry into Geographe Leisure Centre.

## Uniforms

Club bathers and swimming caps are available for purchase through the school uniform shop. There is a minimum six week turn around on bather orders so please keep this in mind when ordering.

To purchase club shirts please contact Liz Disley on 9756 7575. Shirts currently cost \$30 and orders are placed approximately once a term.



## Coaching

Our coaches, Andrea Nielsen and Craig McArthur, are both UWA Human Movement Graduates with a strong swimming background. Both started coaching whilst attending University with UWA Uniswim and have been either teaching or coaching swimming now for over twenty years.

Tony Tunstill is a talented competitive swimmer who's coaching background is in Aussie Masters Swimming.

Zachary Nielsen is a state swimmer and a Green Licence swimming coach. He is currently employed by Geographe Leisure Centre to coach swimming squads.

Our coaching has a strong emphasis on correct technique whilst improving fitness. All coaching is conducted in a positive, supportive environment.

We have several other coaches available to assist when the need arises.

Our swimmers have many opportunities to take part in regional coaching clinics in Bunbury with visiting specialist coaches.

Our coaches are very approachable and willing to discuss your child's progress and any concerns that may arise.

Andrea Nielsen  
0438 936 364  
andreanielsen@westnet.com.au

Craig McArthur  
clmad@bigpond.net.au